



JULY 2021

THE PEET BULLETIN

THE OFFICIAL NEWSLETTER OF
PEET MEMORIAL TRAINING COLLEGE, MAVELIKARA, KERALA



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ADVAYA 2021 INAUGURATED!

The College Union was offcially inaugurated on the 28th of June, 2021!

The College Union 'ADVAYA 2021' was formally inaugurated on the 28th of June, 2021. The meeting held online was presided over by the Principal Dr. Mariamma Mathew. Arun Aby David, College Union Chairperson, welcomed the gathering and briefed us on the Union's plans for the year.

The Union was inaugurated by Aswathy Jwala, renowned social activist and founder of the Jwala Foundation, that has been involved in numerous activities to rehabilitate the destitute and the downtrodden. Aswathy's work has earned her much acclaim, and in her Inaugural Speech, she said that she could not stress enough the need for each one of us to turn our gaze towards the needy. The Arts Club was inaugurated by Bhavan PG, founder of Kala Shaale. Rev. Dr. Sam T Mathew, the College Bursar, unveiled the official YouTube channel of the college and the revamped website. Dr. Alie Molly Verghis and Mr. Roy Philip offered felicitations. Dr. Sony Mary Varghese announced the Mask-Up campaign that has been taken up by the Union, and Lekshmi Mohan, the Social Service Association Secretary presented a beautiful video on the preps that were being made!

There was a stunning dance recital by the Arts Club Secretary Remya V V and team. Arya Ajithan, the Magazine Editor announced the results of the intercollegiate competitions held by the Union. Jabin Fathima, the Vice Chairperson proposed the Vote of Thanks. The meeting ended with the National Anthem. Jisha Tharian and Ginu George were the hosts for the day.



“

Service should no more be a once-in-a-bluesoon thing! It needs to be incorporated into your self, should manifest itself in all possible ways 24 x 7, and should lead you on along humane pathways!

Aswathy Jwala

”



AN INSPIRATION NOT TOO TINY!

Meet Bhavan PG! The inspiring bundle of talent and perseverance who Inaugurated our Arts Club this year!

I feel extremely happy to be standing before you today to inaugurate the Arts Club of the college! This occasion is very special to me since I see this as a recognition of the artist in me. I come from very humble beginnings. I have been through really hard times in my life. I remember there was a time when our family used to struggle with my father's meager earnings. I was a kid back then, wanted to help him, and had an idea. I suggested that we grow some Pudhina (mint) plants in our backyard, that we could sell to the hotels every day.

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Arts has indeed changed my life. And I am proud that I could make a mark in this world as an artist. I am so happy that my work is being recognized and appreciated, which is why I am here speaking to you today..

Bhavan P G

”

Bhavan PG is a twenty five year old young man who looks like a cute ten year old boy, due to a hormonal imbalance. He is an epitome of positivity who has survived the odds in his life through sheer perseverance and optimism. Currently he teaches art to seventy plus students through Kala Shaale, and continues to inspire people all around!

Surprisingly, the plan clicked, and we were able to make do for a while, with the little money that we made.

When I was in the 9th standard, during the school holidays I would visit the park nearby to watch the sellers sell things. I wanted to learn from them, so that I could sell something as well, and help my father. One day, I happened to see a bubble seller in the park, and found it quite interesting. When I told my father about it, he thought about it, and in three months, we put up a small make shift shop, where we started selling bubble blow pipes. This was a huge success and it changed our lives. It has been thirteen years, and my mother still maintains that shop at the same spot.

By then, I had become aware of my small size. After my SSLC, I thought I would stop education, since I felt I might not be able to get any job because of my size. I was in my shop one day, when a man came in and started asking me about my life. He suggested that if I am not interested in the usual courses, I could always join a College for Visual Arts. I have always been interested in arts and craft since childhood, and this statement opened up a new world before me. From Madikeri, I travelled to Mangalore and joined a course in Visual Arts and graduated with flying colours.

I have seen my father struggle and have understood how difficult it can be for someone to work under someone else. I have seen the work pressure that he has experienced. After completing the course in Visual Arts, I did not join any company, though all of my friends did. Instead, I started doing Murals or Wall paintings, and in six months, I started getting small offers from different corners. Soon, my work started getting recognized and I started working on big projects. Today, I do all kinds of art works. I do portraits, caricatures, wall art, and above everything else, resin 3D art. There are very few artists in India who do resin 3D art, and I am delighted to be one among them.

A few months back, one of my friends suggested that we create a huge platform for learning arts, where interested students can learn arts and craft. We worked on the idea, and the result is Kala Shaale, and I am the Co-founder of this wonderful platform. We believe every child should learn art. At Kala Shaale, we teach drawing to people from all walks of life, and from all age groups.

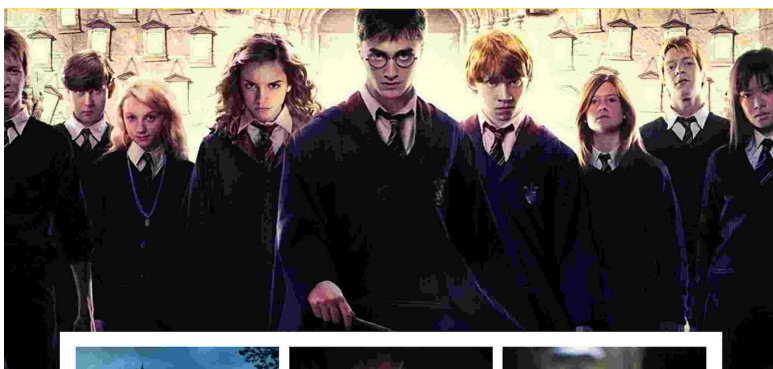
Arts has changed my life. And I am proud that I could make a mark in this world as an artist. I am so happy that my work is being recognized, which is why I am here speaking to you today!. I wish you all the very best, and thank you so much for having me as part of your event! Stay strong! Do not ever give up!



FOURTH SEM ONLINE EXAMS FINALLY OVER!

The Second Year students finally heaved a sigh of relief, with the University announcing the dates of their fourth semester online exams! it should be remembered that with the pandemic raging on, their final semester exams that were originally supposed to be over by April, had been infinitely postponed, much to the frustration of the students. Some had even worries that the results might be out a bit too late, as the Public Service Commission had already invited applications for the teaching posts at High School for a few subjects!

The online exams were conducted as per schedule, and students said they were glad that the course that had shown signs of endless postponement was finally over. The exams went pretty okay for most of them. "It's been a while since we had lost touch with the syllabus," quipped Minu Melwin, a second year student of the English Optional class. "There was plenty of time to brush up though, since the exam dates were announced. Thank God, we are finally done with it," she said with visible relief writ large on her face!



THE ULTIMATE POTTER QUIZ HELD! AND HERE ARE THE WINNERS!

Literati, the English Association of Peet Memorial Training College, organized The Ultimate Potter Quiz - Junior and Senior Leagues - to mark the anniversary of the publication of the first Harry Potter book ever on June 26th! The event attracted excited participants from across the state, and a total of almost 375 students registered for the Quiz. The Quiz was held online, and the results were announced on the 26th of June.

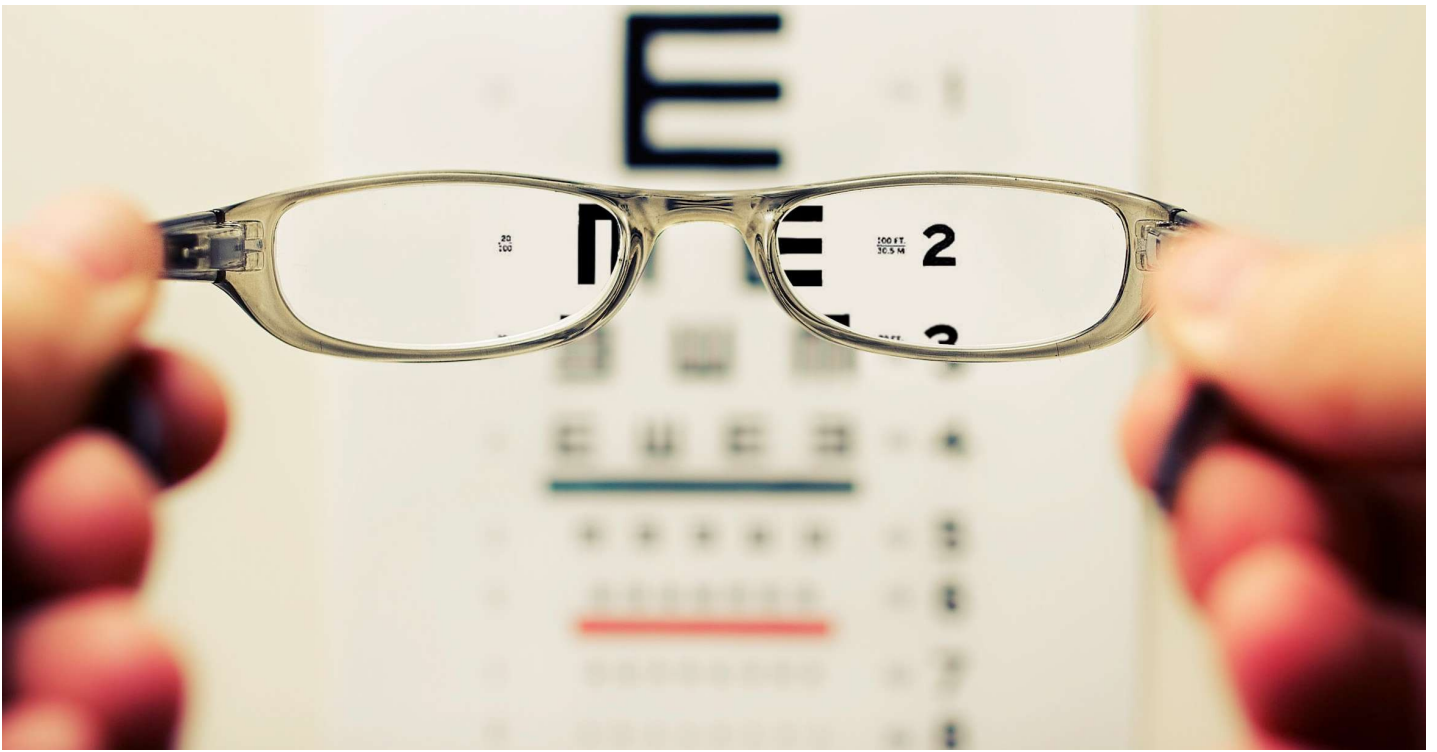
A Abhilash of Mount Tabor Training College, Pathanapuram won the First place in the Senior League, while Joann Elza Kurian, a Grade V student from Baker Vidyapeedh, Kottayam won the top laurels in the Junior League. Both of them were awarded cash prizes of 1000 INR each.

Krishnakala of SN College, Cherthala and Shamna of TKM Engineering College, Kollam won the second and third prizes in the senior league. Gargi Siva of St. Marys HSS, Pattom and Arundhati A S of Chinmaya Vidyalaya, Trivandrum won the second and third prizes in the Junior League. They won cash prizes of 500 and 250 INR each respectively.

THE ULTIMATE POTTER QUIZ

Are You One of those Certified Potterheads?

If Yes, Hop on to the Hogwarts Express for this Spectacular Quiz Event that has Exciting Prizes in Store!



AWESOME TURNOUT WITNESSED FOR FOCUS 2021!

The Peet Educational Psychology Study Center (PEPSC) was inaugurated by Dr. Sachit Damodar, Paediatrician, Amana Hospital, Kuttiyadi on 21st June and an online paper presentation competition FOCUS 2021 was conducted for teacher trainees of different colleges. The competition was organised in order to give the prospective teachers a chance to showcase their talents and also to sharpen their minds on research based activities. Despite it being time for their final semester exams, the competition saw a surprisingly good number of entries from colleges across Kerala.

The judges panel constituted of eminent scholars as Dr. Sindhya V. Assistant Professor, Department of Education, University of Kerala, Dr. Smitha S, Assistant Professor, SN Training College, Nedunganda and Dr. Sreeja, Assistant Professor, Avila College of Education Edacochi.

From the applicants, the finalists were selected through a preliminary screening process. E-certificates were given to the participants and prizes were given to those who secured the first second and third positions in the competition. The discussions during the presentations proved very effective and useful to all who attended the program. The programme was coordinated by Dr. Alie Molly Verghis and convened by Ms. Anuja J.

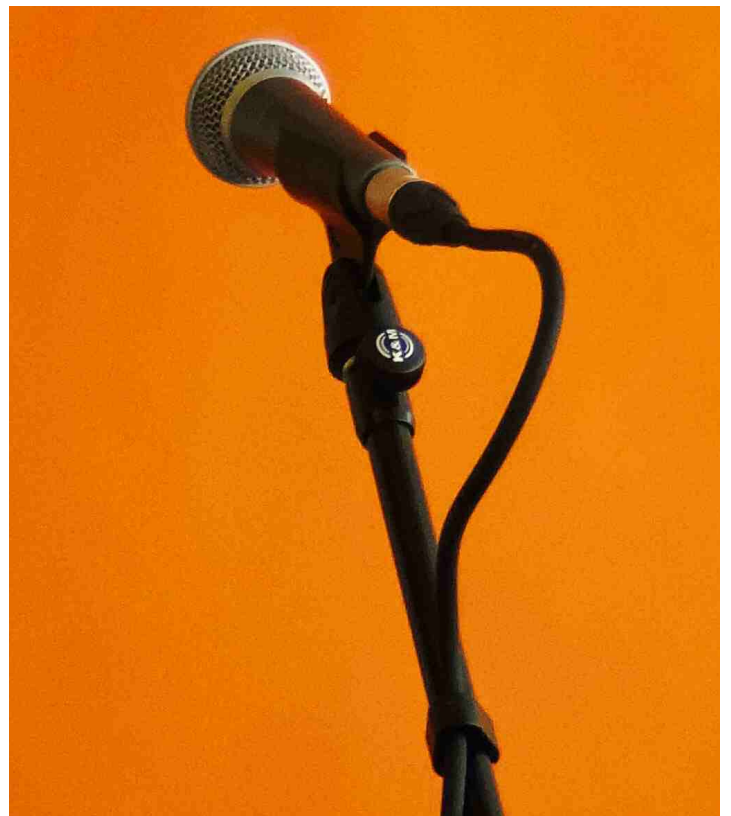
THE RESEARCH DELIBERATION SERIES EMERGES A TREMENDOUS SUCCESS!

There has been an ever increasing demand for deliberations on Research in Education and with the instructional process turning online, it has been made possible than ever before to bring in experts in respective disciplines to interact with learners over digital platforms. The IQAC in collaboration with the Research cell and Post Graduate Department of Education of Peet Memorial Training College, Mavelikara organised a Research Deliberation Series, an online talk series on Research Methodology with an intention to help the budding researchers as well as research professionals to become successful research authors.

The first talk of the series was delivered by Dr. Sameer Babu, Assistant Professor in Education, University of Kerala on the topic 'Develop and Showcase your Research' on 20th May and the second talk of the series was delivered by Dr. Malini.P.M, Former Principal of NSS Training College Pandalam on the topic 'Statistics: A Tool in Designing Research' on 26th May.

Around 350 participants comprising of Faculty, Research scholars, M.Ed And B.Ed students from various colleges all over India especially Kerala participated in these talk series which were arranged on the Google Meet platform.

Both the talks were highly resourceful, informative and beneficial for the participants as they provided insights and general tips on research publications and statistics. Expecting to arrange more talks in the months to come.



THE CHIEF'S COLUMN

Greetings. to all !

Covid -19 pandemic is not the time to panic. even though the resulting economic crises have surely altered lives and disrupted normal life across the world. This is a collective crisis and we too must rise to meet the challenges bravely like corona warriors, doctors, police, health workers and volunteers. We must remain positive and keep our hopes alive that very soon mankind will be able to find a way out of this difficult situation. As the world stays secured behind closed doors during COVID-19 lock downs and self quarantine, work from home and online classes have become a norm. What we all need now is patience, optimism, resilience and firm faith in God almighty. While we stay home during this extended COVID-19 lock down, it's a good time to read books, expand your knowledge. Try doing something constructive and different like cooking, painting, beautifying your homes to have that much needed sense of achievement and triumph in these stressful times.

Here are some tips to remain positive, strong and upbeat during this challenging time!

Remember that nothing lasts forever. Not even the corona virus. So stay strong and fight hard.

Stay home, stay safe – the only medicine found till now for corona virus. Keep calm and help flatten the curve.

You're braver than you believe and stronger than you seem, and smarter than you think - so follow the safety guidelines and sanitization protocols to defeat Corona virus.

Keep your face to the sunshine and you cannot see a shadow. Stay positive, stay home, stay safe and save lives.

Stay blessed!

Dr. Mariamma Mathew
Principal



EDITORIAL

These are tough times that we are wading through, and it has been almost an year and a half, since our lives have been drastically transformed for ever. But the human race is immensely adapted to calibrate itself to the most extreme of circumstances, and in a few months, masks and gloves and sanitizers had become a way of our lives. These have also been times that witnessed major changes in the ways in which education is being imparted to students worldwide. It did not take us long to switch over to online platforms, and in no time were we busy conducting classes over the internet and even transferring assessment procedures to electronic devices. It worked, and surprisingly, students and teachers remoulded themselves to fit into freshly designed digital garbs, with a much greater ease than was ever anticipated.

But the thought remains of the hundreds of thousands of young kids across the world who have been deprived of their right to learn, ever since education became all about online interaction overnight. Perhaps we should pause for a few moments and wonder what has been happening with those inquisitive minds who simply cannot afford a cell phone or the connectivity that an online education demands, and hence in the process are left behind to fend for themselves in a world that even suffers from a dire dearth of basic human amenities.

As we lose ourselves in Zoom calls and Google Meets, let us for a moment, think of how the pandemic has devastated innumerable lives in unimaginable ways. Let us think of the millions of lives lost, scores of families that have been affected and thousands of young souls who have been left all alone. And yes, let us think of what we could do, to make a difference!

Dr. Velayudhan Nair T
Editor



THE DOCTOR SPEAKS

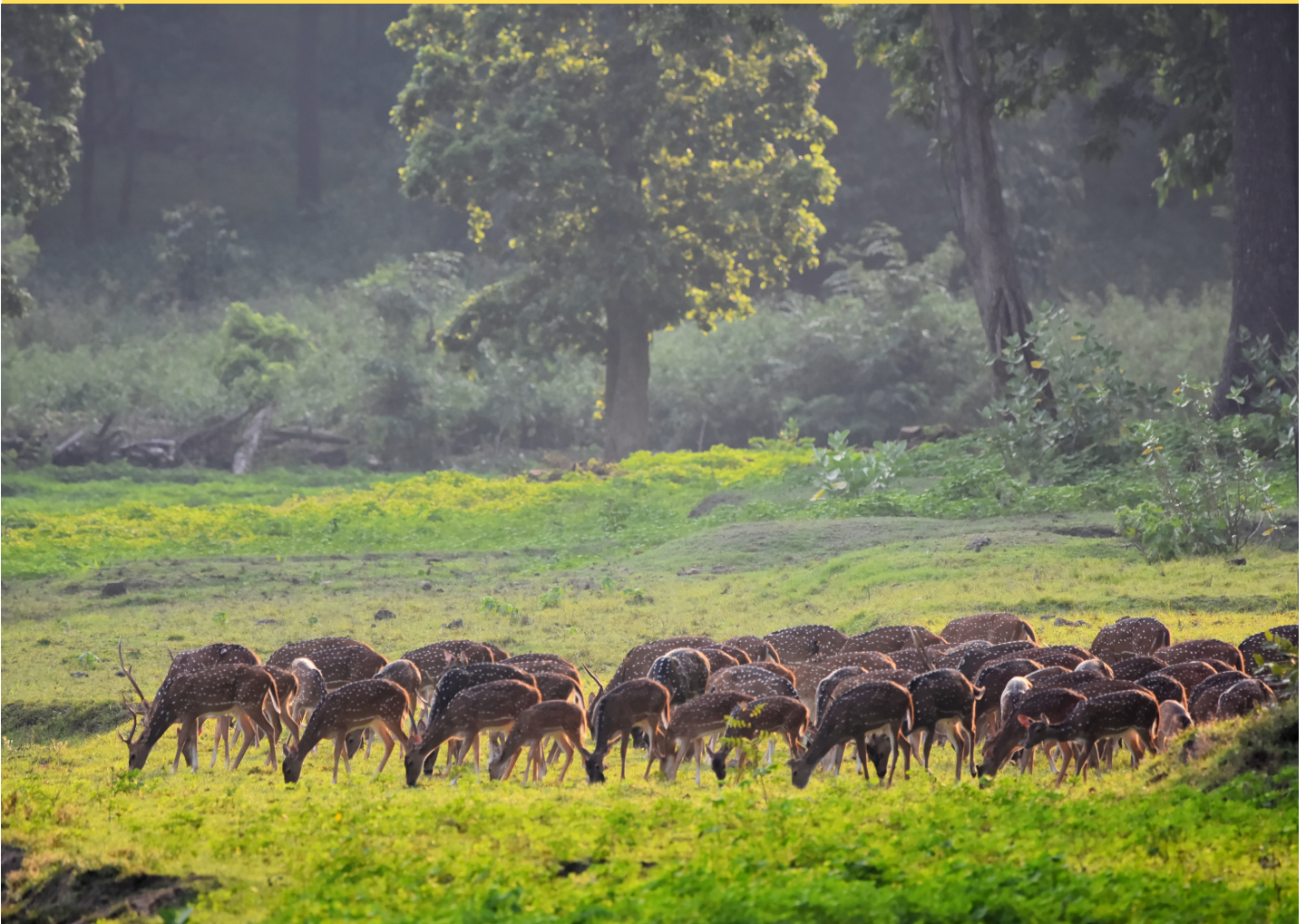
A webinar titled “Covid 19 : Health Tips to Protect our Family“, organised by IQAC of Peet Memorial Training College Mavelikara in collaboration with UNAI and KFUNAI was conducted at Peet Memorial Training College on 23 rd May 2021. The College chapter of KFUNAI was also inaugurated at the occasion. The webinar was inaugurated by Mr. Saji Charuvil Thomas, former UN representative and patron of KFUNAI and the keynote address was given by Dr. Danish Salim, HOD and Academic Director of PRS Hospital, Thiruvananthapuram. A highly productive discussion and interaction followed that was extremely fruitful to all.

The meeting was held online via the GMeet platform. Our Principal Dr. Mariamma Mathew welcomed the gathering. As a social linkage and public awareness programme, the webinar turned out to be a success and a huge one at that. It was specifically useful in safeguarding our families during this pandemic period.

THE SNAPSHOT SHOWCASE

As in the case of every year, this year too saw the celebration of World Environment Day that falls on June 5, held with aplomb at the college. The COVID pandemic had wreaked havoc on our plans on the campus, but students pitched in their bit, by coming up with slogans and speeches, and by planting saplings and promising to ensure that the planted saplings stay in tact! A sustainable approach towards the maintenance of the environment is what is primarily needed, and we, the students and staff members at Peet Memorial Training College stand responsible and committed towards the same. The Environment Day is therefore much more than a day to be celebrated every year; it is all about incorporating the spirit of environment conservation into our very lives.

In this issue's Snapshot Showcase, we feature a click that has been titled 'The Evening Graze'.



Photograph of a deer herd grazing against the evening sunlight in the wilderness.
Shot at Wayanad by Dr. Velayudhan Nair T
2019 December



FROM TEACHERS TO ENTREPRENEURS: LEADING THE WAY

The Entrepreneurship Development Cell and Commerce Association COMEX2K21 jointly coordinated a National level webinar on entrepreneurship development for teacher educators, B.Ed. students and M.Ed. students of all subjects on the topic "Transforming an Ordinary Teacher to an Extraordinary Entrepreneur". It was hosted online via Google meet on 31 May 2021 from 11.00 AM. to 12.30 PM.

The key speaker was Sri. Jairo K James (CEO Team Genesis, Entrepreneur & Motivational Speaker). The programme was convened by Dr. Renginy K.R (Assistant Professor in Commerce & Entrepreneurship Development Cell Coordinator) and Ms. Anuja J (Guest Faculty, Department of Natural Science). 250 participants from various educational institutions and educators across the nation participated in this webinar. The speaker expressed the broader scope of entrepreneurship by giving examples of successful entrepreneurs from different fields and their experiences on entrepreneurship. He spoke about the much needed passion for a person to become an entrepreneur and gave tips to overcome the hurdles faced by budding entrepreneurs. He also stressed on the budding startup culture. The webinar included an interactive session, where the resource person clearly answered all the doubts and clarifications asked by the participants. E-certificates were issued to all participants. An outline about the webinar session and introductory speech about the resource person was given by the entrepreneurship development cell coordinator Dr. Renginy K R. The presidential address was delivered and the programme inauguration was done by Dr. Mariamma Mathew, the Principal of Peet Memorial Training College and ma'am invited the resource person to deliver the informative talk. Dr. Sony Mary Varghese (Assistant Professor in Education) felicitated the event. The session concluded with vote of thanks delivered by Jisha Tharian.

LEVEL UP: DIGITIZING THE LEARNING EXPERIENCE

For those who do have access to the right technology, there is evidence that learning online can be more effective in a number of ways. Some research shows that on average, students retain 25-60% more material when learning online compared to only 8-10% in a classroom.

To mark the first anniversary of SECTA, the resource centre of Peet Alumni Association along with the Pedagogic Assistance Centre of Peet Memorial Training College, Mavelikara conducted LEVEL UP! - an intensive training programme in digital Technologies for school teachers in-keeping with the needs and requirements of the time.

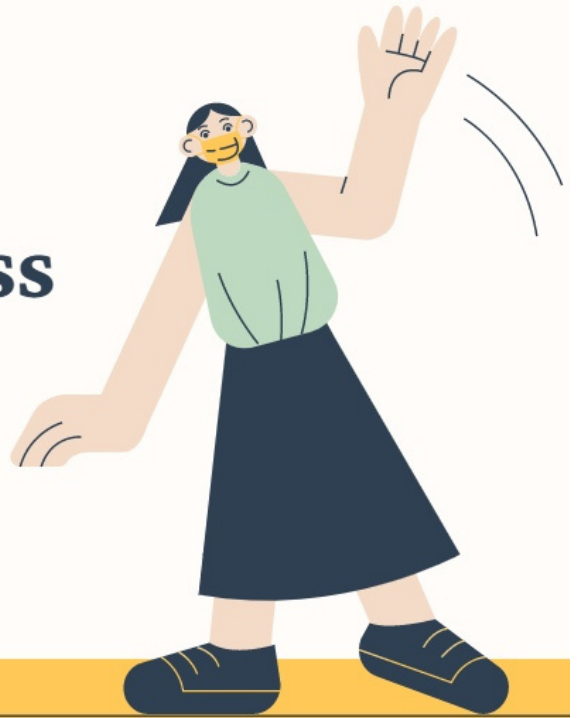
This programme aimed at providing in-service training in technology for teachers. It has been designed at three levels, that have been termed Beginner, Intermediate and Advanced as per the knowledge levels that individual teachers possess. The first level- Beginner has already been completed and the classes were led by Dr. KS Sajjan, Assistant Professor, NSS Training College, Ottappalam on the 25th and 26th June.

The next session, Intermediate will be held on July 2,3, and 4 at the same time.



Managing Yourself and COVID-19 Stress

■ Ways to look after your well-being



ADVAYA 2021 | College Union | Peet Memorial Training College | Mavelikara

DEALING WITH COVID STRESS: PAMPHLET RELEASED

ADVAYA 2021, the College Union of Peet Memorial Training College has stepped up its COVID related services and has brought out a pamphlet that helps people deal with stress related to the pandemic. As the virus shows little signs of calming down any time soon, this pamphlet that was released online by the Principal Dr. Mariamma Mathew offers those who have been affected by the pandemic, with a few basic things to keep in mind to counter pandemic related stress.

Download the pamphlet from our college website by clicking **HERE!**

OFFICIAL YOUTUBE CHANNEL OF THE COLLEGE UNVEILED; WEBSITE REVAMPED

It was a proud moment for the college when our honourable Bursar Rev. Dr. Sam T Mathew unveiled the official YouTube channel of the college on 28th June, 2021. The channel would focus on presenting before its viewers quality content related to Education, and Teacher Education in particular. The website of the college has also been revamped, and has put on a sparkling new look, that is stunning, user friendly and mobile friendly as well.

CLICK HERE TO VISIT OUR YOUTUBE CHANNEL: [PEET MEMORIAL TRAINING COLLEGE - OFFICIAL YOUTUBE CHANNEL](#)
CLICK HERE TO VISIT OUR UPDATED WEBSITE: [PEET MEMORIAL TRAINING COLLEGE - OFFICIAL WEBSITE](#)

MASK-UP CAMPAIGN LAUNCHED

The College Union ADVAYA, in association with the Social Service Association has launched a MASK-UP Campaign that was announced during the Union inauguration ceremony by Dr. Sony Mary Varghese. She stressed the need for the guard against COVID to continue, and stated that it could not be said enough about the relevance of masking up, though COVID has started showing signs of finally giving in to the vaccination drive. As such, ADVAYA and the Social Service Association led by Lekshmi Mohan will be providing 20 immediate houses in the neighborhood with enough cloth masks, that would help the families mask-up against the virus!

SUPER SEVEN COMING UP!

The World Youth Skills Day falls on the 15th of July and the College Union has planned an innovative Web Talk Series that has been titled 'Super Seven', that will have seven eminent speakers interacting with teacher trainees and teachers across the country on seven skills, for seven days. The skills that have been identified are Public Speaking, Media Literacy, Cyber Safety, Digital Literacy, Social Networking, Conflict Resolution and Professional Readiness.

The event has been scheduled for seven days, starting the 9th of July and ending on the 15th!

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